



WCSD ELEMENTARY LUNCH MENU

AUGUST 2023

01

**SUMMER BREAK
No SCHOOL**

02

**SUMMER BREAK
No SCHOOL**

03

**SUMMER BREAK
No SCHOOL**

04

**SUMMER BREAK
No SCHOOL**

07

**SUMMER BREAK
No SCHOOL**

08

**SUMMER BREAK
No SCHOOL**

09

**SUMMER BREAK
No SCHOOL**

10

**SUMMER BREAK
No SCHOOL**

11

**SUMMER BREAK
No SCHOOL**

14

**CHICKEN ENCHILADA
GALAXY CHEESE PIZZA (V)
YOGURT SNACKABLE (V)**

MIXED VEGGIES, BABY
CARROTS, MIXED FRUIT, FRESH
FRUIT, ASSORTED MILK

15

**BBQ CHICKEN SANDWICH
BEAN/CHEESE BURRITO (V)
TURKEY & CHEESE SUB**

PEAS & CARROTS, BABY
CARROTS, DICED PEARS, FRESH
APPLE, ASSORTED MILK

16

**HOT DOG
PEPPERONI PIZZA
VEGGIE CHEF SALAD* (V)**

BAKED BEANS, BABY CARROTS,
DICED PEACHES, FRESH
BANANA, ASSORTED MILK

17

**CHICKEN PATTY SNOWCH
CHEESY GARLIC BREAD (V)
CHICKEN CHEF SALAD***

STEAMED BROCCOLI, BABY
CARROTS, APPLESAUCE, FRESH
FRUIT, ASSORTED MILK

18

**GRILLED CHEESE (V)
SLOPPY JOE SANDWICH
HAM & CHEESE SUB (P)**

SWEET CORN, BABY CARROTS,
FRESH FRUIT, APPLE JUICE,
STRING CHEESE, MILK

21

**CHICKEN NUGGETS
GALAXY CHEESE PIZZA (V)
ITALIAN SUB (P)**

GREEN BEANS, BABY CARROTS,
DICED PEACHES, FRESH FRUIT,
ASSORTED MILK

22

**CORN DOG
BEEF TACO STICK
SUN BUTTER/JELLY SNOWCH**

STEAMED BROCCOLI, BABY
CARROTS, DICED PEARS, FRESH
APPLE, ASSORTED MILK

23

**FIESTADA BEEF SNOWCH
MEATBALL SUB
VEGGIE CHEF SALAD* (V)**

PINTO BEANS, BABY CARROTS,
CRAISINS, FRESH BANANA,
ASSORTED MILK

24

**CHEESEBURGER
GRILLED CHEESE (V)
PIZZA CHEF SALAD* (P)**

TATER TOTS, FRESH ZUCCHINI,
CINNAMON APPLESAUCE, FRESH
FRUIT, STRING CHEESE, MILK

25

**MAC & CHEESE W/
CHICKEN NUGGETS
BEAN/CHEESE CHALUPA (V)
TURKEY & CHEESE SUB**

GREEN PEAS, BABY CARROTS,
FRESH FRUIT, MIXED FRUIT,
ASSORTED MILK

28

**HOMESTYLE MEATLOAF
PEPPERONI PIZZA
YOGURT SNACKABLE (V)**

MIXED VEGGIES, BABY
CARROTS, APPLESAUCE, FRESH
FRUIT, ASSORTED MILK

29

BREAKFAST FOR LUNCH!

**FRENCH TOAST & SAUSAGE
GRILLED CHEESE (V)
HAM & CHEESE SUB (P)**

PEAS & CARROTS, BABY
CARROTS, DICED PEARS, FRESH
APPLE, ASSORTED MILK

30

**CRISPY CHICKEN TENDERS
BEEF/CHEESE CHALUPA
VEGGIE CHEF SALAD* (V)**

PINTO BEANS, BABY CARROTS,
DICED PEACHES, FRESH
BANANA, ASSORTED MILK

31

**CHICKEN PATTY SNOWCH
CHEESE QUESADILLA (V)
TURKEY CHEF SALAD***

SWEET CORN, FRESH ZUCCHINI,
APPLESAUCE, FRESH FRUIT,
ASSORTED MILK

WHAT MAKES A REIMBURSABLE MEAL?

Students must select a minimum of three components, at least one of which must be a fruit or vegetable. Use the color-coded symbols to identify the meal components and help you select a balanced meal.

MEAT/MEAT ALTERNATIVE **GRAIN** **VEGETABLE** **FRUIT** **MILK**

(V) = Vegetarian Item; (P) = Item Contains Pork; * = Item offered with Roll/Grain

MEAL PRICES

STUDENT LUNCH: FREE
LUNCH ENTRÉE: \$2.25
ADULT LUNCH: \$4.25

**MY
SCHOOL
BUCKS**

This institution is an equal opportunity provider.
Menu subject to change without notice.

We offer a daily rotation of vitamin-rich fruits, vegetables, and milk. Grains include nutrient-dense whole grain breads, pastas, tortillas, and snacks. All items are low sodium. Visit www.WashoeSchools.net for nutrition info.

