

WCSD ELEMENTARY LUNCH MENU AUGUST 2023

01

SUMMER BREAK No School 02

SUMMER BREAK NO SCHOOL 03

SUMMER BREAK NO SCHOOL 04

SUMMER BREAK No School

07

SUMMER BREAK NO SCHOOL 08

SUMMER BREAK NO SCHOOL 09

SUMMER BREAK NO SCHOOL 10

SUMMER BREAK No School 11

SUMMER BREAK NO SCHOOL

14

CHICKEN ENCHILADA
GALAXY CHEESE PIZZA (V)
YOGURT SNACKABLE (V)

MIXED VEGGIES, BABY
CARROTS, MIXED FRUIT, FRESH
FRUIT, ASSORTED MILK

15

BBQ CHICKEN SANDWICH BEAN/CHEESE BURRITO (V) TURKEY & CHEESE SUB

PEAS & CARROTS, BABY CARROTS, DICED PEARS, FRESH APPLE, ASSORTED MILK 16

HOT DOG PEPPERONI PIZZA VEGGIE CHEF SALAD* (V)

BAKED BEANS, BABY CARROTS, DICED PEACHES, FRESH BANANA, ASSORTED MILK 17

CHICKEN PATTY SNDWCH CHEESY GARLIC BREAD (V) CHICKEN CHEF SALAD*

STEAMED BROCCOLI, BABY
CARROTS, APPLESAUCE, FRESH
FRUIT, ASSORTED MILK

18

GRILLED CHEESE (V)
SLOPPY JOE SANDWICH
HAM & CHEESE SUB (P)

SWEET CORN, BABY CARROTS, FRESH FRUIT, APPLE JUICE, STRING CHEESE, MILK

21

CHICKEN NUGGETS
GALAXY CHEESE PIZZA (V)
ITALIAN SUB (P)

GREEN BEANS, BABY CARROTS, DICED PEACHES, FRESH FRUIT, ASSORTED MILK 22

CORN DOG
BEEF TACO STICK
SUN BUTTER/JELLY SNDWCH

STEAMED BROCCOLI, BABY
CARROTS, DICED PEARS, FRESH
APPLE, ASSORTED MILK

23

FIESTADA BEEF SNDWCH MEATBALL SUB VEGGIE CHEF SALAD* (V)

PINTO BEANS, BABY CARROTS, CRAISINS, FRESH BANANA, ASSORTED MILK 24

CHEESEBURGER
GRILLED CHEESE (V)
PIZZA CHEF SALAD* (P)

TATER TOTS, FRESH ZUCCHINI, CINNAMON APPLESAUCE, FRESH FRUIT, STRING CHEESE, MILK 25

MAC & CHEESE W/
CHICKEN NUGGETS
BEAN/CHEESE CHALUPA (V)
TURKEY & CHEESE SUB

GREEN PEAS, BABY CARROTS, FRESH FRUIT, MIXED FRUIT, ASSORTED MILK

28

HOMESTYLE MEATLOAF PEPPERONI PIZZA YOGURT SNACKABLE (V)

MIXED VEGGIES, BABY
CARROTS, APPLESAUCE, FRESH
FRUIT, ASSORTED MILK

BREAKFAST FOR LUNCH!

FRENCH TOAST & SAUSAGE
GRILLED CHEESE (V)
HAM & CHEESE SUB (P)

PEAS & CARROTS, BABY CARROTS, DICED PEARS, FRESH APPLE, ASSORTED MILK 30

CRISPY CHICKEN TENDERS
BEEF/CHEESE CHALUPA
VEGGIE CHEF SALAD* (V)

PINTO BEANS, BABY CARROTS, DICED PEACHES, FRESH BANANA, ASSORTED MILK 3

CHICKEN PATTY SNDWCH
CHEESE QUESADILLA (V)
TURKEY CHEF SALAD*

SWEET CORN, FRESH ZUCCHINI, APPLESAUCE, FRESH FRUIT, ASSORTED MILK

WHAT MAKES A REIMBURSABLE MEAL?

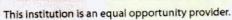
Students must select a minimum of three components, at least one of which must be a fruit or vegetable. Use the color-coded symbols to identify the meal components and help you select a balanced meal.

MEAT/MEAT ALTERNATIVE GRAIN VEGETABLE FRUIT MILK

(V) = Vegetarian Item; (P) = Item Contains Pork; * = Item offered with Roll/Grain

MEAL PRICES

STUDENT LUNCH: LUNCH ENTRÉE: ADULT LUNCH: FREE \$2.25 \$4.25 MY SCHOOL BUCKS



We offer a daily rotation of vitamin-rich fruits, vegetables, and milk. Grains include nutrient-dense whole grain breads, pastas, tortillas, and snacks. All items are low sodium. Visit www.WashoeSchools.net for nutrition info.

aramark 📂